



# Myross Bush School

FROM STRONG FOUNDATIONS WE GROW AND STAND TALL TOGETHER



## Athletics Day 2016

**Venue:** Myross Bush School

**Date:** Wednesday 9th March - Week 6, 10am to 2.45pm

*(Postponement day - Friday 11th March)*

**Uniform:** House Colours (No school uniform)

Myross Bush School is holding our own Athletics Day, as a warm up to the Southern Zone Day (to be held at Surrey Park on Monday 14 March). This will be a fun day where all children get to dress in their house colours and compete in events at school.

**Events:** Sprints, High Jump, Long Jump, Shot Put, Discus, Obstacle Course and House Relays.

**Children are encouraged to wear their House Colours...**

Kerr - Yellow

Johnston - Blue

Ross - Red

Myers - Green

**Gear:** children will need a well packed lunch, drink bottle, sunscreen, hat (your choice) and appropriate clothing for changing weather.

**Lunch** - There will be a sausage sizzle on the day.

We are always looking for parent helpers. You can choose to help at an event with a teacher or look after an age group and move them from event to event. Please email [Keri@myrossbush.school.nz](mailto:Keri@myrossbush.school.nz) or [Cassie@myrossbush.school.nz](mailto:Cassie@myrossbush.school.nz) if you are happy to help.

Parents might want to consider making a relay team or two for the afternoon relays!

Thanks

Keri Burton and Cassie Watt  
*MBS Sports Administrators*